

Towards a new career

Employment coaching CENTRAL UUSIMAA

For whom?

The coaching is suitable for individuals in the employment phase who need support with job searching, career planning, starting a business, employment, or overcoming challenges in the early stages of an employment relationship.

Content of the coaching?

Personalized coaching plan
Skills assessment
Support for the job search process and assistance at the beginning of an employment relationship.

Where?

Through in-person meetings, remote guidance, or a hybrid format.

What do you get?

Individualized support and guidance for job searching, career planning, CV writing, and job interviews. Opportunities for company visits and card-based training (e.g., occupational safety card, hygiene passport).

Duration?

Up to 5 months, with a minimum of 2 hours of coaching per month.

Registration

Through your local expert at the Uusimaa TE Office
For more information, scan the adjacent QR code.

www.keuda.fi



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