

Koto-Espoo offers integration services for people who live in Espoo and are outside the workforce, including stay-athome parents and people aged over 65.

We offer individual guidance and counselling on issues such as:

- language studies
- career plans, education and employment
- early childhood education and family services
- leisure services
- other services.

Together with our partners, we also organise various group activities, such as Finnish language courses, civic orientation courses (Welcome to Finland courses) and family clubs. Family clubs are also open to native Finnish families.

Our activities are free of charge. Our courses offer childcare.

You can contact us by phone or email or by booking an

appointment. Our service locations are in Matinkylä and Espoon keskus.

We can offer help in plain Finnish, English or your own language. If needed, we will use a telephone interpreter.

We look forward to helping you!

Matinkylän kartano Matinkartanontie 16 B 02230 Espoo

Punainen tupa Terveyskuja 2 A 02770 Espoo

kotoutuminen@espoo.fi +358 40634 4480