



**OUR TRAINING  
FACILITIES  
ARE LOCATED  
IN RUOHOLAHTI!**

# WELCOME TO URAPOLKU CAREER PATH TRAINING!

The Urapolku training program, aimed for job seekers in Helsinki, offers comprehensive support for different stages of job searching and career planning. The training includes both group and individual sessions, which are conducted through in-person meetings and online. The group training lasts for 15 days, after which individual coaching is available as needed for up to two months. Individual coaching is tailored to your personal employment goals. Additionally, you have access to an online learning platform that supports career planning and job search.

## CONTENT OF THE TRAINING PROGRAM

- ✓ Guidance in exploring career options, including entrepreneurship.
- ✓ Individual coaching and support with a trainer.
- ✓ Assistance in creating employer contacts and finding hidden job opportunities.
- ✓ Identifying and selling your skills in the labor market.
- ✓ Guidance on utilizing job search channels and electronic job applications.
- ✓ Job application documents and job interviews.
- ✓ Support in applying for education and job positions.
- ✓ Familiarization sessions: Opportunity to explore work or educational placements in practice.

## ILMOITTAUTUMINEN

If you are interested in the coaching program, let your work advisor know by submitting a contact request through the **ASIOINTI -PALVELU** or by filling out the **FORM**.

Please note: Filling out the application form does not yet obligate you to participate in the service. After you have submitted the application form, an expert from Helsinki Employment Services will contact you.

## MORE INFORMATION

Tel. 09 726 2800 or [info@springhouse.fi](mailto:info@springhouse.fi).

