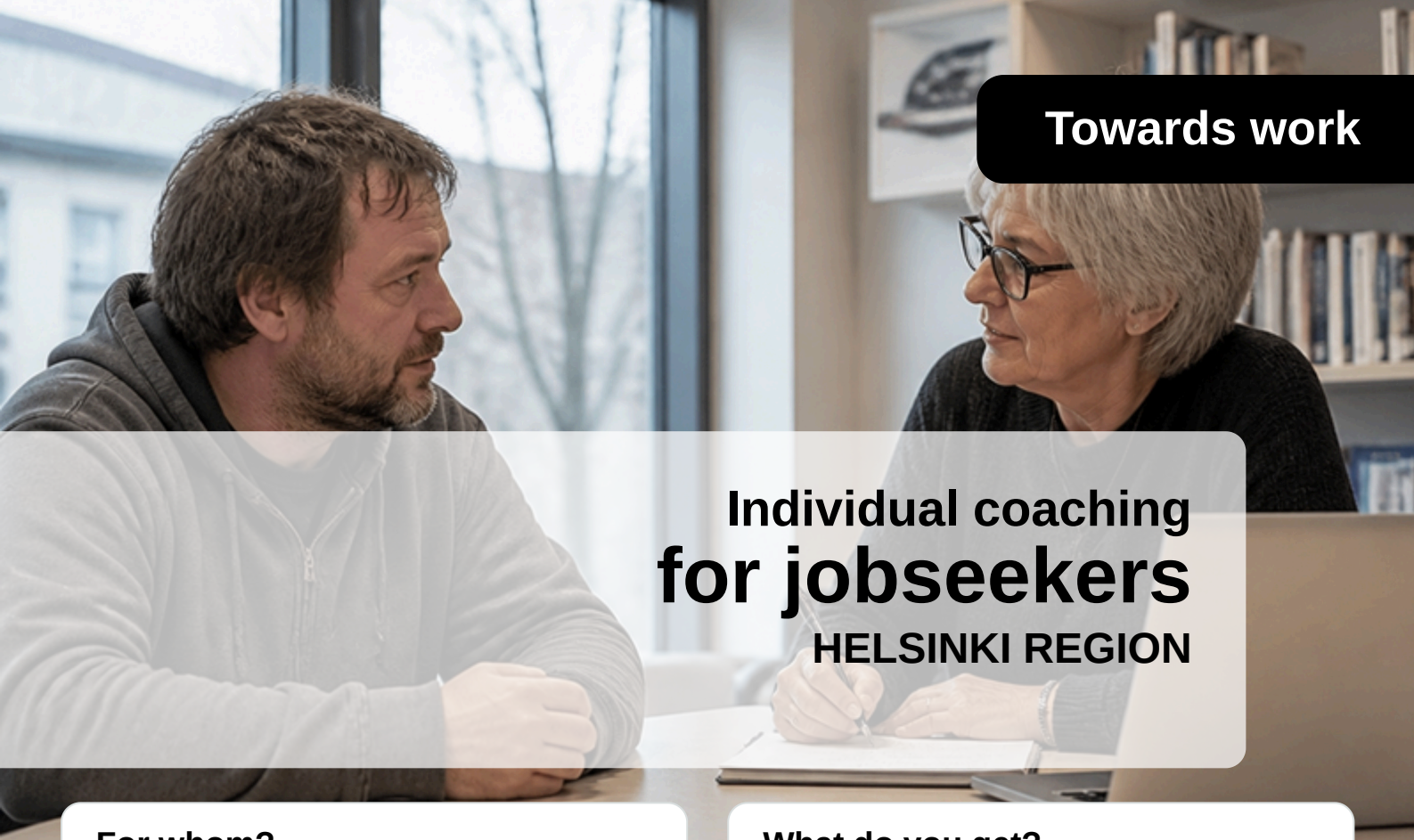


Towards work

Individual coaching for jobseekers

HELSINKI REGION

For whom?

For clients of the Espoo, Helsinki and Vantaa employment services whose unemployment has become prolonged or who face other barriers to employment. In Finnish, Swedish and English.

What do you get?

Your own coach and a plan aimed at a job on the open labour market. Support in describing your skills, writing applications, preparing for interviews and contacting employers.

Content?

- Assessment of your skills
- Employment plan
- Individual meetings and webinars
- Contacts with employers

Duration?

Up to 9 months. The length is agreed based on your situation, and coaching can continue when you start work.

Registration

Through your own expert at the employment services. Your coach will contact you without delay. More information: scan the QR code or visit keudapro.fi/tyohonvalmennus-pks

Where?

Remotely or in person. Venues for in-person meetings:

- **Helsinki:** Annankatu 29 A 14, 00100 Helsinki and Asiakkaankatu 3, 00930 Helsinki (Itäkeskus)
- **Espoo:** Kilonkartanontie 3, 02610 Espoo
- **Vantaa:** local venues suitable for individual coaching, chosen by where you live

Other suitable venues are used in all areas when needed.

KeudaPRO VALO valmennus yhdistys Wulff Pro ESPOO ESBO Helsinki Vantaa